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CARITAS Taiwan, Hong Kong and Macau

Spiritual Exercises for Those Working in the Social Services of the Catholic Church



CARITAS Taiwan together with CARITAS Hong Kong and Macau organized a Spiritual Exercises for those who are working in the social services. The theme of the event was taken from the Gospel of St. Luke's account of the disciples' encounter with Jesus in Emmaus, "As they talked and discussed these things, Jesus himself suddenly came and began walking with them." (Luke 24:15). The event was a follow up of the Spiritual Exercises sponsored by the Pontifical Council of Cor Unum last year at Fu Jen University in Taiwan.

The Spiritual Exercises were held at the Jing Shan Spirituality Center in Changhwa from the 29^{th} of November to 2^{nd} of December 2010 and were attended by more than 80 participants

from different social service centers all over Taiwan and by CARITAS Hong Kong and Macau.

Most Rev. Philip Huang, the Bishop of Hualien Diocese and Chairman of CARITAS Taiwan, warmthly welcomed all the participants and reminded them that our services are not merely any ordinary work but are a vocation and an expression of our faith. He also shared

Mother Teresa's saying that "we are not doing these services because we are social workers but because we are spreading the love of God."

The event started with a very significant reflection on how each one was lead into doing or working in social services of the Catholic Church.

A video of an interview with Mother Teresa was presented in relation to her apostolate to the poorest of the poor in India. Her selfless dedication in serving the



poor has become an inspiration to many church workers. The sisters from the Missionaries of Charity, a congregation founded by Mother Teresa, came to share about the life of Mother Teresa who has been a 'light' to the suffering people.

Our sense of service springs forth from our experience and from the knowledge that God purposed us to serve others as an expression of God's love as Jesus did when He said, "I have come to serve, not to be served."